## Sant Nirankari Mission - TRACY, CA

## Youth Camp – Oct, 2019

With the blessings of Her Holiness Satguru Mata Sudiksha Ji Maharaj, and under the guidance of the President of Sant Nirankar Mission US Executive Committee, Rev Dr. I.S. Rai Ji and Rev. Atul Batra Ji, Sant Nirankari Mission Tracy branch in California organized a Youth Camp on October 19, 2019. More than thirty young saints of the mission, with ages ranging from 4 to 25, attended the full day camp held at the Bhawan grounds. The focus of the youth camp was for both physical and spiritual growth of all of the young saints.

On the morning of the camp, the day started with a welcome session for all the young saints;



Singh Ji Maharaj always taught everyone the importance of physical fitness, it was an attempt to pass that same message amongst these young saints.





where the schedule for the whole day event was briefed. Shortly after, all of the kids gathered outside to learn the basics of basketball, followed up with other sports such as Musical Chairs for little kids and tug-of-war for all age groups. As Satguru Baba Hardev



Following up with a lunch break, the second half of the day was focused on spiritual aspects. An art competition was arranged for kids younger than 10 years old, in which they were given crayons and dry sheets to draw on the topics of love, kindness and humanity. Kids beautifully demonstrated their understanding of these topics with their creativity and imagination.

At the same time, kids older than the age of 10 gathered in the main hall for a quiz session that was based on the history of the mission and the mission's published book, "Darkness to Light." All of the kids demonstrated their knowledge and understanding of the mission with great enthusiasm. Afterwards, a 30-minute documentary was played which was based on the missions six elements.

DHAN NIRANKA

To conclude the event, a question and answer session was arranged, in which, Rev. Dr. Rai Ji

along with Rev. Mrs. Rai Ji, Rev. Atul Batra Ji, Rev. Dev Raj Vijh Ji and Rev. Gurmohan Ji presided, playing the role of panel members. They responded to pre-submitted questions from young saints in accordance with the teachings of Satguru Mata Sudiksha Ji Maharaj.



We thank Satguru Mata Sudiksha Ji Maharaj and the all-mighty Nirankar for blessing us with such a wonderful opportunity.